



at ceiba del mar

WELLNESS TREATMENTS

Inspired by the ancient healing wisdom of the Mayans, each treatment at Ceiba del Mar offers a uniquely sacred experience that rebalances the mind and body. As a holistic healing spa, all products are carefully selected based on their purity and natural formulations. Our therapists are dedicated to creating your perfect experience which is why your service includes custom blended aromatherapy selected from over 60 essential oils.

SIGNATURE CEIBA MAYAN EXPERIENCES:

The Mayan Experiences are a blend of ancient Mayan wisdom, Mexican herbal remedies, and customized essential oils. Prior to each Mayan Experience, a sacred tree resin called copal is burned to clear the energy of the space and harmonize the body, spirit, and mind.

Mayan Balsamic Ritual

\$260usd 120min

This ancient treatment is designed to restore balance to the mind, body, and spirit. Custom essential oils are blended to specifically restore vitality and are applied in a specific raindrop style sequence along the spine, activating the healing powers of the central nervous system. Soft massage techniques utilizing hot stones help the essential oils penetrate the skin, allowing for deep restorative relaxation. This ancient healing ritual brings benefits that last for up to one month.

Grounding Massage 90min.

\$150.00usd NEW

Combining Mexican ancestral ceremony and soothing massage, this treatment begins with a traditional “Limpia” ritual, which helps release bad energies from the body and soul using copal, eggs, lemons, bacil and rude. An exclusive massage technique with lemons completes this ritual. A Relaxing massage with a special cream with honey and Mayan herbs refresh and nourish the skin, while chakra and energy balancing complete and seal this treatment. You will feel relaxed with a sense of inner peace and joy.



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Grounding Healing Massage

\$170.00usd 120min NEW

Includes the Grounding massage and other special techniques to work deeply and release deep emotions.

Temazcal

\$120.00US 90 min

Minimum 2 people

A Temazcal is an indigenous ancestral ritual intended to purify and renew body, mind and spirit. It takes place directly on the beach at sunset within a terracotta hut. Hot volcanic rocks are used with water and aromatic herbs.

Herbal Muk pol Scalp Treatment

\$105.00usd 60min

This fortifying treatment releases stress of the scalp. A blend of nourishing oils compliment this tension taming treatment which includes a specific lymphatic massage promoting health and detoxification. Muk pol means strong head in Mayan.

Mayan Clay Massage

\$140.00usd 70min

This detoxifying treatment incorporates aromatherapy lymphatic drainage massage easing congestion while creamy volcanic clay assists the body in removing impurities and toxins leaving you feeling revitalized. This treatment is recommended for people with cellulite or who suffer from fatigue.

Ook T'on Massage

\$60.00 usd 40min

Ook means "legs and feet" and this treatment specifically addresses a tired traveler with specific acupressure massage and a special aromatherapy blend of oils to invigorate and vitalize the feet . This stimulating treatment encourages circulation and reenergizes the mind and body.

Ook T'on Revitalization

\$110.00 usd 60min

Ook means "leg and feet" in Mayan and this treatment includes a sea salt exfoliation to the legs and feet, followed by a revitalizing reflexology massage and completed with a volcanic clay masque to purify. A perfect way to energize tired legs and feet.



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Mayan Thai Facial

\$130.00usd 70 min

This anti-stress facial is a Mayan –Thailand fusion. A vegetable peeling masque resurfaces the skin while a deep face massage stimulates the meridians. Completed with a nutritive massage incorporating hot steamed compresses infused with grains and herbs, this treatment rejuvenates the skin. A cold aloe veil will seal in the restorative power of this signature facial.

MASSAGES

All massages include customized selection of essential oils.

Tension Taming Massage

\$65.00 usd 30min

This tension taming back, neck and shoulder massage relieves tension and provides relief to sore muscles.

Swedish Relaxing Massage

\$110.00usd 50min

A classic European massage that incorporates techniques using a light to medium pressure designed to promote relaxation. This massage increases circulation and eases mental and physical tension by relaxing the mind and body.

Holistic Massage

\$115.00usd 50min

This holistic massage incorporates an array of techniques customized to provide you with an optimal massage experience. The therapist uses energetic massage as well as quartz pieces to rebalance and restore.

Deep Tissue

\$130.00usd 60min

Therapeutic massage techniques releases muscle tension and stress. A perfect choice for athletes or for those looking for firm pressure that works the knots out.

Lymphatic Drainage Massage

\$110.00usd 50min

This very light touch massage gently works with the lymphatic system promoting the elimination of toxins. This massage assists in rebalancing cellular metabolism and aiding in elimination.



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Shiatsu Massage

\$130.00usd 60min

A Japanese method of bodywork that treats the meridians, promoting healthy chi (energy). The therapist incorporates stretching and static pressure applied to specific points in the body. This treatment deeply restores the body and leaves you feeling vibrant and balanced.

Hot Stone Massage

\$150.00usd 90min

This ancient massage technique incorporates heated stones to ease muscle tension. The warmth of the stones offer peaceful comfort and heavenly relaxation.

Reiki

\$100.00usd 50min

This ancient energy work developed in Japan means “universal life force” and this light touch energy treatment gives you exactly that, a connection to the universal life force. Perfect for people with high stress.

Reflexology

\$100.00usd 50min

Each area of the foot is connected to an area and organ in the body. By activating specific areas of the feet through pressure and massage the therapist is able to treat the entire body offering renewed wellness and health.

BODY TREATMENTS

Reveal glowing skin and achieve a more balanced state with a restorative body treatment.

Tropical Passion Fruit Ritual

\$130.00usd 70 min

This luxurious ritual awakens your senses with tropical aromas and textures that leave your body glowing. Includes exfoliation, body mask, face mask and scalp massage that includes a hair treatment with a nutritive blend of oils and fresh fruits.



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Toning Seaweed Wrap

\$110.00usd 50min

This Tonifying wrap incorporates sea ingredients, minerals, and local herbs that support skin and body health. A very detoxifying treatment, this wrap promotes sweating to eliminate water retention.

Aloe Body Masque

\$75.00usd 40min

A soothing aloe gel masque is carefully applied to provide instant relief from sunburn. Enjoy a scalp and face massage as the soothing aloe absorbs into your skin.

Hydrotherapy

\$65.00usd 30min

A hydro massage tub gently massages the body and relaxes the muscles. Choose from essential oils, herbs, or milk and honey to nourish the skin. A perfect treatment to enjoy before a massage.

Body Scrub

\$65.00usd 30min

An invigorating scrub combining dead sea salts and essential oils to refine the surface of your skin and stimulate your circulation through the vigorous exfoliation. An application of rehydrating milk leaves your skin glowing and beautiful.

FACIALS

Organic and locally crafted products enhance our facial treatments, allowing for optimal nourishment and restoration of the skin.

Anti aging Facial

\$160.00usd 100min

Designed for mature skin, this four layered facial includes specialized products that minimize fine lines uneven texture. D'Arson therapy which assists the skin in looking and feeling younger makes this facial highly effective. Includes a specialized eye treatment as well as anti aging massage on the face to promote a vibrant complexion.

Purification Facial

\$110.00usd 50min

Pure essential oils blended with a rich volcanic clay masque purify puffy and tired skin. A natural exfoliation reveals fresh skin, softened with a protective facial moisturizer. This treatment includes a relaxing massage to the shoulders, neck, and scalp.



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Hydration Facial

\$110.00usd 50min

Perfect for dehydrated skin, this facial includes a deep cleansing with herbal peeling treatment followed by a customized hydration facial for optimal product absorption. Includes a relaxing massage on the shoulders, neck and leaves you feeling completely refreshed.

Lifting Facial

\$120.00usd 60min

This firming facial includes specialized cleansing, toning, and exfoliation followed by D'Arson therapy which significantly reduces the appearance of fine lines. A special lifting masque and shoulder, neck, and scalp massage leave you glowing and radiant.

Ceiba Facial

\$140.00usd 90min

Our signature facial includes two types of facial masques and D'Arson therapy, which significantly reduces the appearance of fine lines. This treatment includes a special eye treatment, shoulder, neck, and scalp massage leaving your skin healthy, restored, and glowing.

Ceiba Express

\$75.00usd 30min

This mini facial includes cleanse, tone, exfoliation, nutritive facial masque, and special moisturizing cream. A light massage of the shoulders, neck, and scalp leave you relaxed and ready for your day.

THERAPEUTIC WELLNESS TREATMENTS

Ceiba del Mar offers state of the art medical equipment providing deep insight to the healthy functions of the body. Your energetic wellness is a vital part of your overall health and these innovative treatments bring balance and harmony to the mind and body.



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Basic Energetic Evaluation

\$70.00usd 30min

Using state of the art equipment, the body is analyzed through the meridian system, giving insight to which functions are not in balance. Includes accupoint reading, Q chart of 10 meridians, and a printed report to take home.

Energetic Evaluation

\$200.00usd 120min

Includes the Energetic Evaluation with a customized report that incorporates the products needed to regain balance to the body.

Energetic Evaluation with Foot Detox

\$250.00usd 150min

Includes the Energetic Evaluation with the Balancing Products as well as a full body detox delivered through a relaxing foot bath that incorporates positive and negative ions to support detoxification.

Energetic Evaluation with Flower Remedy Therapy

\$80.00usd 60min

Create emotional health and well being with this energetic evaluation that includes the accupoint reading as well as 10 meridians brought to balance through the use of special flower remedies and an informational printed report.

Ionothermie

\$180.00usd 70min

Includes Basic energetic Evaluation series of 3

\$540.00usd

An extraordinary treatment for the correction of cellulite and the improvement of skin and muscle tone with the added benefit of inch loss and detoxification. Used in France since 1978, Ionothermie treatments stimulate the body to detoxify, tighten, and tone. Measurements are taken before and after treatment

Foot Bath Detox Treatment

\$65.00usd 45min

Series of 3=

\$160.00usd

Recommended for people with arthritis, water retention, smokers, and weight loss, this warm foot bath sends positive and negative ions throughout the body to aid in detoxification. This purifying treatment works to cleanse the body of impurities.

Anti Cellulite and Contouring Wrap series of 3

\$360.00usd



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series of 5

\$560.00usd

A customized treatment rich in herbal extracts that eliminates toxicity by breaking down cellulite and fatty deposits while improving blood circulation and skin elasticity. Includes a treatment for home use.

- Cancellations should be made at least 3 hours prior appointments, otherwise no shows will be charged with 50% of the total treatment value.
- Appointments will be automatically cancelled 10 minutes after scheduled time
- Out doors Spa massages have a surcharge of \$20.00usd per service.
- Tax included
- Gratuities are not included.

COUPLES SPA SUITE

You can enjoy your favorite massage with your partner in a private Spa Suite with Jacuzzi and Lounge area, with a bottle of champagne and petit furs add \$100.00usd to your favorite massages.

DESIGN YOUR OWN SPA PROGRAM

PER PERSON

- Select 3 treatments or more and get 10% discount and \$10.00usd in spa dollars. *
- Select 5 treatments or more and get 15% discount and \$20.00usd in spa dollars. *
- Select 8 treatments or more and get 18% discount and \$40.00usd in spa dollars. *

* THE SPA DOLLARS ARE VALID ONLY IN OUR SPA BOUTIQUE, NOT MONEY EXCHANGEABLE, NOT REFUNDABLE.

CONTACT US

Make your reservations by e.mail: spa@ceibadelmar.com

Spa at Ceiba del Mar

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